

RESOLUTION

WHEREAS, in August 2013 a wellness initiative was implemented for 2014 to encourage a healthier Rutherford County employee population and to try to help control premiums and claims experience; and

WHEREAS, the wellness initiative is proposed to continue into the future years of 2015, 2016 and 2017 by adding different features to the initiative for employees to participate in and creating fees for those employees who choose not to participate.

THEREFORE BE IT RESOLVED by the Rutherford County Board of Commissioners that the wellness initiative be implemented and fees assessed according to the schedule attached hereto as "Exhibit 1" and incorporated herein by reference as if set forth herein at length verbatim.

RESOLVED this 17th day of April, 2014.

RUTHERFORD COUNTY, TN

BY: _____
ERNEST G. BURGESS, Chairman

ATTEST:

LISA CROWELL, County Clerk

FUTURE WELLNESS PROPOSAL AND ASSOCIATED FEES

2015: Employee and Spouse must:

- 1)** Complete the Health Risk Assessment (HRA) using the Zensey platform between September 1-November 30, 2014.

NOTE: Both the employee and spouse must complete the HRA to avoid the \$25.00 per month wellness fee which will begin in January 2015.

2016: Employee and Spouse must:

- 1)** Complete the Health Risk Assessment (HRA) using the Zensey platform; and
- 2)** Complete a biometric screening between January 1-November 15, 2015.

NOTE: Both the employee and spouse must complete the HRA and Biometric Screening to avoid the \$25.00 per month wellness fee which will begin in January 2016.

2017: Employee and Spouse must:

- 1)** Complete the Health Risk Assessment (HRA) using the Zensey platform; and
- 2)** Complete a biometric screening; and
- 3)** Participate in the Health Coach program, if identified as a candidate through the HRA and biometric screening results between January 1-November 15, 2016.

NOTE: Both the employee and spouse must complete the HRA, Biometric Screening and participate in the Health Coach program, if identified, to avoid the \$25.00 per month wellness fee which will begin in January 2017.